



ABRUZZO BY BIKE Mountain Bike and Racing Bike tours

Amazing itineraries by Mountain Bike or Racing Bike through the Sirente-Velino Regional Park and the Gran Sasso and Monti della Laga National Park. You will overnight in holiday farms or historical buildings, tasting local dishes. An expert and professional guide will help you arranging each detail of every itinerary.

starting from
£ 215



COOKING, NATURE AND CULTURE OF ABRUZZO

A trip discovering Abruzzo local dishes, to understand the connection between nature resources and local cuisine. On this journey, you will meet housewives, farmers and breeders who will make you discover traditional tastes and learn how to cook local dishes. Our guides will lead you to the sites where excellent products are cultivated. You will eat the dishes you will prepare.

starting from
£ 245



HORSE RIDING ON THE TRACKS OF CELESTINE V

You will follow the itinerary made by Pietro da Morrone, saint and hermit, in 1294, from its hermitage in Sulmona to L'Aquila, where he became pope known as Celestine V. Along the trip, horse riders will visit wonderful mountain villages, mountain towns and ancient hermitages.

starting from
£ 745



HORSE RIDING ALONG ABRUZZO NATURE PARKS

Wonderful equestrian tours in Sirente Velino Regional Park and Gran Sasso e Monti della Laga National Park. You will also tast local food and, if you want to, join cooking lessons with Abruzzo inhabitants! You will overnight in holiday farms or historical buildings, tasting local dishes.

starting from
£285



TREKKING ALONG ABRUZZO NATURE PARKS

Amazing trekking itineraries through the Sirente-Velino Regional Park and the Gran Sasso and Monti della Laga National Park. Deep into Abruzzo nature, you will discover medieval mountain villages, ancient pasture, historical hermitages, mysterious caves and ancestral traditions.

starting from
£ 235



THE MIDDLE AGES IN ABRUZZO

We suggest a week of archaeology camps and guided tours along the wonderful medieval mountain villages of Abruzzo. You will join L'Aquila University researchers and medieval frescos restorers working in a medieval excavation and helping them to clean and restore the archaeological finds. You will meet medieval frescos restorers who are working on heritage damaged in the 2009 earthquake.

starting from
£ 865



BOOKING&INFO

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